



After twelve long months, the end of lockdown is finally in sight.

It's been an experience that has tested everyone.

But from the beginning, we've been helping each other through.

As families, streets and communities – checking in on each other, making sure neighbours are ok, going to work when we had to and staying at home whenever we were told.

The crisis has reminded us all that when it really matters, we're here for one another, and that's something to be grateful for.

Before normal life takes over again, we want to pause and say thank you to everyone who helped. From neighbours who kept the noise down or dropped off the shopping, mum and dad for putting up with us under the same roof, delivery drivers and supermarket security guards who kept us fed, local shop keepers who stayed open, care workers, doctors, nurses, volunteers, and everyone who obeyed the rules, we couldn't have done it without each other.

Sunday 4th July is the day before the NHS's birthday so it's a perfect moment for the country's biggest ever thank you party. A chance to get together in the sunshine (we hope), with our neighbours, communities and families, to mark what has happened, celebrate the spirit that got us through and say thank you. It doesn't matter how we do it, just get together and say thank you in our own way. Have a barbecue or a street party, raise a glass or a mug of tea, bake for your neighbours.

Whatever we do, let's all join in on Sunday 4th July, and say a great big thank you, together.

LET'S SAY THANK YOU
TOGETHER #THANKYOU DAY

Who's supporting Thank You Day?

Starting from just 12 individuals proposing a Thank You Day, the idea is now supported by hundreds of organisations across the country, ranging from the Scouts and Guides to Rotary and the Royal Voluntary Service, NHS, The Mirror and the Sun, the Football Association and the Church of England.

It's got the backing of religious leaders and sports stars, local councils and schools, businesses and communities throughout the UK.

Our aim is for as many people as possible to be involved, however they would like, so everyone who deserves it gets a thank you - and the whole of the UK gets together.

There isn't a strict plan for the day (the idea is to say thank you however you want!) but people are already organising lots of activities which we can all join in with and support.

Here are some ways people are joining in

We'd love to hear your ideas too!

0900: A special Park Run in a location near you followed by a thank you picnic brunch for their volunteers, friends and families.

1100: Communities are taking part in a 'Power Hour' to tidy up our shared spaces, a way of saying thanks to our local environment for keeping us sane during lock down.

1300 The Big Lunch invites you to share friendship, food and fun to say thank you with your neighbours and community. Street party or picnic? You decide.

1700: Cheers for volunteers: Join us to raise a glass (or a mug!) to everyone who has helped us through the past year.

1900: BB-Thank-Q: The nation's biggest ever Cook Out led by Levi Roots. Share a BBQ with some neighbours and try to avoid poisoning your friends.

For more information about Thank You Day and how you can help make it a success, please contact emma@together.org.uk

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